

# 2011 EVENT CALENDAR

<u>Date</u>	<u>Name</u>	<u>Format</u>	<u>Location</u>
3/12/11	<a href="#">Leprechaun Dash</a>	1mile	R.F. McDougalls, Richland
3/12/11	<a href="#">St. Patrick's Day Foot Race</a>	5km , 10km	R.F. McDougalls , Richland
4/2/11	<a href="#">Liz Duncan Memorial Run - 1Mile</a>	1mile	Howard Amon Park, Richland
4/2/11	<a href="#">Liz Duncan Memorial Run</a>	5km , 10km	Howard Amon Park, Richland
4/9/11	<a href="#">The Rage in the Sage Duathlon</a>	2.5mile run / 10mile mtn bike / 2.5mile run	Kiona Winery, Benton City
<b>4/16/11</b>	<b><a href="#">Carson Kolzig Race for Autism</a></b>	<b>1 mile &amp; 5km</b>	<b>Howard Amon Park, Richland</b>
4/17/11	<a href="#">Spring Into Summer Run</a>	5km	Columbia Point Park, Richland
4/23/11	<a href="#">Spring Fever 5K</a>	5K and kids' 1 mile fun run	Centennial Meadows, Richland
5/1/11	<a href="#">Bloomsday</a>	12k (7.49 mile) run	Spokane, WA
5/7/11	<a href="#">Fiasco in Pasco</a>	5km run/30km bike/ 5km run	Pasco Cross Country Course
5/28/11	<a href="#">Annual Dash Race for the Kids</a>	1 Mile, 5K, and 10K Walk/Run	Prosser Wine & Food Park
5/28/11	<a href="#">Kids 50-Mile Running Program</a>	2mile	Howard Amon Park, Richland
5/29/11	<a href="#">Onion Man Olympic Triathlon</a>	1.5km swim, 30km bike, 10km run	Mill Creek Lake, Walla Walla, WA
5/30/11	<a href="#">Spring Festival Tri-/Duathlon</a>	1/4 mile swim, 10 mile bike, 3.1 mile run	Montlake Park, Moses Lake, WA
6/11/11	<a href="#">Moses Lake Family Tri</a>	Olympic Distance	Moses Lake, WA
6/18/11	<a href="#">Trailblazer Triathlon</a>	Mini Triathlon	Medical Lake, WA
6/26/11	<a href="#">Coeur d'Alene Ironman</a>	2.4mile swim, 110mile bike, 26.2mile run	Lake Coeur d'Alene
7/2/11	<a href="#">Righteous Richland Sprint Triathlon</a>	1/2mile swim / 12mile mtn bike / 3mile run	Howard Amon Park, Richland
7/16/11	<a href="#">Chelan Man Multi-Sport Weekend</a>	Oly., ½ IronMan, Sprint, Try-a-Tri-; 10k, ½ Marathon	Lake Chelan, WA
7/16/11	<a href="#">Warrior Dash – WA</a>	3.55 mile obstacle course	North Bend, WA
7/23/11	<a href="#">Shoreline Run</a>	2mile, 10km	Howard Amon Park, Richland
7/30/11	<a href="#">Medical Lake Kiwanis Mini Tri</a>	1200 ft swim, 10 mile bike, 3.4 mile run	Medical Lake, WA
8/19/11	<a href="#">Aquaman Duathlon</a>	2mile run / 1/2mile swim / 3mile run	Howard Amon Park, Richland
8/20/11	<a href="#">Titanium Man Jr. Triathlon</a>	250 Yard Swim / 5 Mile Bike / 1 Mile Run	Howard Amon Park, Richland
8/21/11	<a href="#">Apple Capital Triathlons</a>	Sprint & Olympic Triathlons	Daroga State Park, WA
8/28/11	<a href="#">Penticton Ironman</a>	2.4mile swim, 110mile bike, 26.2mile run	Penticton, BC (Canada)
9/3/11	<a href="#">Titanium Man Olympic Triathlon</a>	1.5km swim / 40km bike / 10km run	Columbia Park, Kennewick
9/5/11	<a href="#">Little Cross</a>	5km	Cross Country Course, Pasco
9/10/11	<a href="#">Columbia Crossing</a>	1.5mile	Chiawana Park , Pasco
9/10/11	<a href="#">Palouse Sprint Triathlon</a>	500yd swim, 20km bike, 5km run	Moscow, ID
9/10/11	<a href="#">Warrior Dash - OR</a>	5km obstacle course	North Plains, OR
9/11/11	<a href="#">Mountain Madness</a>	11 mile trail run	Moscow Mountain, Moscow, ID
9/17/11	<a href="#">Plutonium Man Triathlon</a>	Olympic Distance	Columbia Park Marina, Richland
9/24/11	<a href="#">Indian Summer Half-Marathon</a>	13.1mile, 5km	Columbia Point Marina, Richland
9/24/11	<a href="#">Grape Crush Rush</a>	1mile , 5km	Downtown Kennewick, Kennewick
10/15/11	<a href="#">Fall Frolic Fun Run</a>	1mile , 5km , 10km	Columbia Park, Kennewick
10/22/11	<a href="#">Howl 'n Scream Scram</a>	5km , 10km, 1/4 mile run	Badger Mountain Park, Richland
10/30/11	<a href="#">Annual Tri-Cities Marathon</a>	26.2 mile	Shilo Inn, Richland
11/12/11	<a href="#">Annual Columbia River Classic</a>	2mile, 10mile	Howard Amon Park, Richland
11/24/11	<a href="#">Annual Turkey Trot</a>	1 mile & 5 km	Columbia Park, Kennewick, WA
12/17/11	<a href="#">Cable Bridge Run</a>	1 mile, 5 & 10 km	Kennewick side of Cable Bridge